

### Example of a Smoothie Recipe

<b>Cool Bananas</b>	<b>Milk</b>	<b>Banana</b>	<b>Ice</b>	<b>Frozen Yoghurt</b>	<b>Honey</b>	
<b>S</b>	125ml	0.75	2-3 cubes	1.5 scp	0.5	
<b>M</b>	175ml	1	4-5 cubes	2 scp	0.75	
<b>L</b>	250ml	1.5	5-6 cubes	3 scp	1	
<b>Strawberry Fields</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>
<b>S</b>						
<b>M</b>						
<b>L</b>						
<b>Tropical Breeze</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>
<b>S</b>						
<b>M</b>						
<b>L</b>						
<b>Berry Berry Good</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>	<b>Ingredient</b>
<b>S</b>						
<b>M</b>						
<b>L</b>						

*Included in the Juice and Smoothie Bar Start Up package are 350 ml, 475 ml, and 700 ml recipes for over 50 different juice cocktails and smoothies.*